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### LOGROÑO BIKE RACE PRESENTED BY

RACE GUIDE

AMEDSPORT SUPERFOOD



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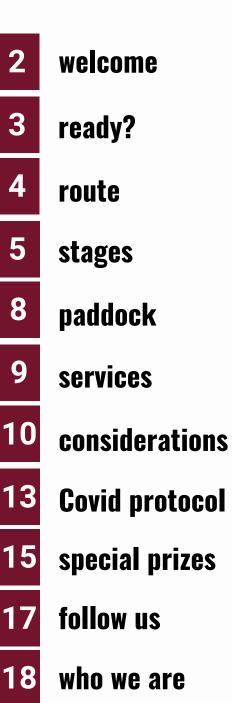
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**GARMIN** 









It's finally time to celebrate the 7th edition of La Rioja Bike Race presented by Pirelli. After a year-long wait, we get back on it!

The next edition of La Rioja Bike Race presented by Pirelli will be held from 25 to 27 June in Logroño.

The 7th edition it is carried out in the city of Logroño, and the routes are out and back, starting and finishing always at Palacio de los Deportes de La Rioja, thus recovering its format of first editions.

An event with an astonishing route, individual competition in

which the addition of the daily times establishes the general classification. It's also an accessible challenge for all the enthusiasts willing to enjoy three days of pure mountain biking at an exceptional environtment.

Thank you all for your participation, you are becoming part of the history of our race and we wish all of you a safe and exciting experience.

#### Happy trails!

La Rioja Bike Race presented by Pirelli Organization





Check that you are correctly registered through: <u>http://lariojabikerace.com/es/resultados</u>



#### LICENSES

I HOLD A LICENSE: You must have a competitive cycling license, issued by a national cycling federation approved by the UCI. Touring and other sports licenses are not accepted.

#### I DON'T HOLD A LICENSE:

You must pay for a temporary license for the event and can be issued when collecting the race number..



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#### **COVID PROTOCOL**

Every participant in La Rioja Bike Race presented by Pirelli will be subjected to one rapid antigen test, with prior signed authorization and informed consent from the medical services of the event, which will be necessary to pick up your race number.



24.06 from 4 pm to 9 pm, at Palacio de Deportes de La Rioja. Required:

- It is necessary to pick up your race number and welcome pack in the selected time slot, and after testing negative by antigen testing.
- You must bring the original ID card and license in case of having one.



#### BRACELET

During verification an identification bracelet is handed out to each rider, who has to wear it during all the competition. This bracelet allows access to the rider areas and is also necessary as a safety measure.



#### 198 km 5.100 m+

Renewed routes including classic sections, such as the complete Senda Bonita, which will take over from the well-known Calzada Romana, technical routes, rolling tracks and trails with a lot of Flow.

- STAGE 1 (XCM) 25.06.2021 | LOGROÑO
- NISSAN SUPER STAGE (XCM) 26.06.2021 | LOGROÑO
- FINISHER STAGE (XCM) 27.06.2021 | LOGROÑO

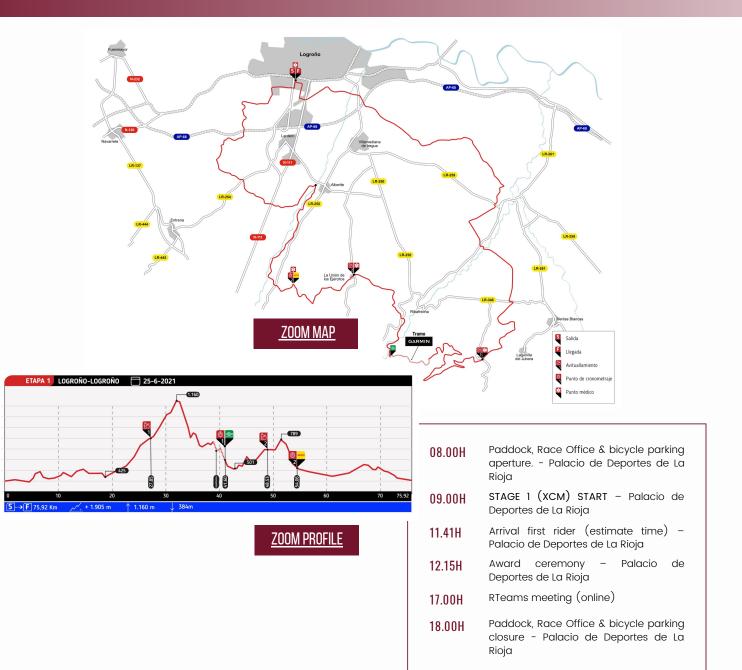


The route is marked with blue in the Stage I, red in the Nissan Super Stage and yellow arrows in the Finisher Stage. White signs with a cross of the stage's colour, indicate wrong way. Every ten kilometers and the last five until the finish line are indicated.

## **STAGE 1**

1.100 1.000 

#### 76 km | 1.905 m+

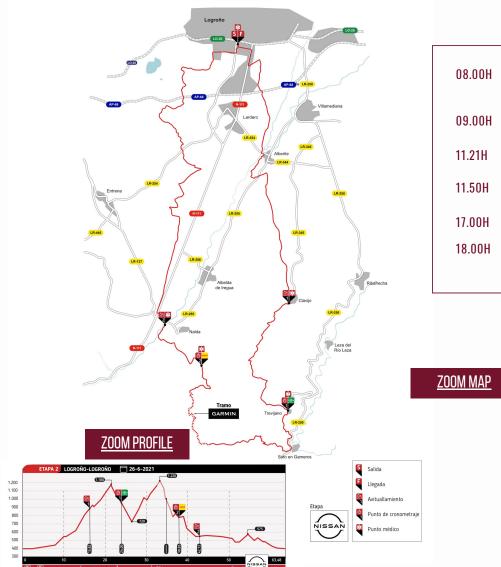


	LOCATION	КМ	COORDINATES	FIRST	LAST
Ö	Palacio de Deportes de La Rioja	0,00	<u>42.453270,-2.456614</u>	09.00h	09.50h
£ X	Cruce de Caminos, Lagunilla del Jubera	27,85	<u>42.330911,-2.345264</u>	10.02h	12.32h
	El Cardenal, Leza	41,60	42.331140,-2.400280	10.29h	13.42h
£ %	Calle Lombo, Clavijo	48,53	<u>42.367383,-2.422544</u>	10.46h	14.26h
	Albelda de Iregua	54,06	42.360646,-2.464834	10.57h	14.54h
Ö	Palacio de Deportes de La Rioja	75,92	<u>42.453617,-2.455904</u>	11.41h	16.43h

### NISSAN **SUPER STAGE**



#### 63 km | 1.854 m+



08.00H	Paddock, Race Office & bicycle parking aperture Palacio de Deportes de La Rioja			
09.00H	NISSAN SUPER STAGE (XCM) START - Palacio de Deportes de La Rioja			
11.21H	Arrival first rider (estimate time) - Palacio de Deportes de La Rioja			
11.50H	Award ceremony – Palacio de Deportes de La Rioja			
17.00H	RTeams meeting (online)			
18.00H	Paddock, Race Office & bicycle parking closure - Palacio de Deportes de La Rioja			

	LOCATION	КМ	COORDINATES	FIRST	LAST
ð	Palacio de Deportes de La Rioja	0,00	<u>42.453270,-2.456614</u>	09.00h	09.50h
£5 %	Clavijo	15,92	<u>42.346627,-2.427521</u>	09.38h	11.35h
	Trevijano	24,00	42.301605,-2.428215	09.57h	12.26h
	Senda Las Ruinas	38,83	42.320282,-2.476694	10.31h	14.01h
£ X	Nalda	42,72	<u>42.337484,-2.497277</u>	10.37h	14.17h
Ö	Palacio de Deportes de La Rioja	63,48	<u>42.453617,-2.455904</u>	11.21h	16.04h

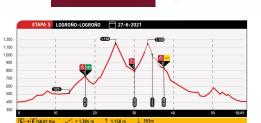
## FINISHER STAGE

59 km 1.384 m+



#### ZOOM MAP

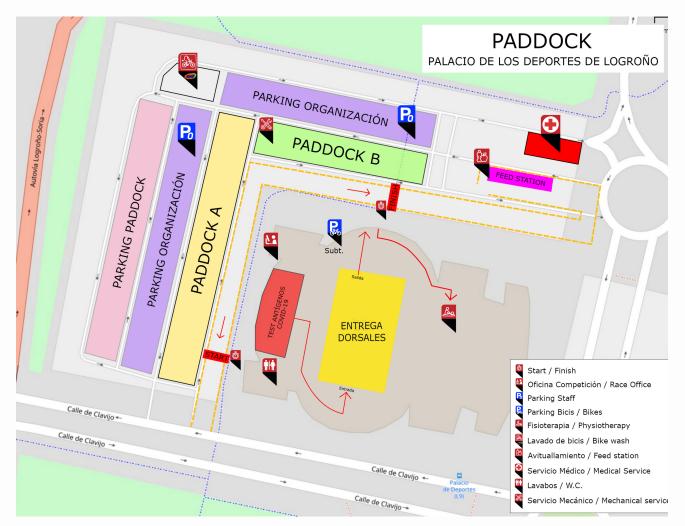
08.00H	Paddock, Race Office & bicycle parking aperture Palacio de Deportes de La Rioja				
09.00H	FINISHER STAGE (XCM) START – Palacio de Deportes de La Rioja				
11.04H	Arrival first rider (estimate time) – Palacio de Deportes de La Rioja				
11.45H	Award ceremony – Palacio de Deportes de La Rioja				
15.30H	Paddock, Race Office & bicycle parking closure - Palacio de Deportes de La Rioja				





	LOCATION	КМ	COORDINATES	LAST	LAST
Ö	Palacio de Deportes de La Rioja	0,00	<u>42.453270,-2.456614</u>	09.00h	09.50h
	Camino del Cementerio	16,95	42.391626,-2.579575	09.37h	11.26h
£5 🔀	Golf Moncalvillo Green	30,06	<u>42.358223,-2.548695</u>	10.07h	12.51h
	Sorzano	36,68	42.343907,-2.546989	10.23h	13.37h
Ö	Palacio de Deportes de La Rioja	58,81	<u>42.453617,-2.455904</u>	11.06h	15.21h

# PADDOCK



### LOGROÑO

Palacio de Deportes de La Rioja

Avenida Moncalvillo, 2 | 26008 Logroño

42.453394, -2.456638

MONTAJE (ACREDITADOS): jueves 24.06 | 10.00h a 14.00h DESMONTAJE: domingo 27.06 | a partir 14.00h

## SERVICIOS

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#### MECHANICAL SERVICE

Mechanical assistance to all riders both on arrival at the finish line and at specific points along the route to solve any technical breakdown. Spare parts not included.

> BICYCLE PARKING

Access restricted only to riders whose bracelet much match with the bicycle's number in order to be removed.

ENTOS

#### BICYCLE WASHING AREA

Washing area to clean your bike.

#### FEED STATIONS

Liquids: water, Coca-Cola & Named salts Solids during the competition: fruit, nuts & Named product Finish line: handle bag with sandwich/pasta/rice, fruit, Named product & drinks.

#### SPORTOGRAPH PHOTO SERVICES

You can purchase 50-100 personal photos and many other generic. You'll also receive 2-3 personal photos every day. \*Presale: € 34.99 \*After sales: € 39.99

#### MEDICAL SERVICE The race has strong

The race has strong safety measures along the route as well as a field hospital at the paddock. There's also a telephone number on various items, which can be called only in case of an emergency.

## CONSIDERATIONS



#### RACE NUMBERS & CATEGORIES

- It is compulsory to compete with the number plate and back number provided by the organisation.
- The number plate must be properly placed on the front of the bicycle.
- The back number must be on the rider's back.
- Race numbers are assigned according to each category, the latest UCI ranking released when the start numbers are assigned, riders with an annual racing cycling license, registration order.

#### AWARDS

- Each stage has an award ceremony for each category, where the first three riders of each category and the corresponding race leaders, have podium ceremony.
- The attendance to the podium ceremony is compulsory.
- Prize money is awarded to Elite categories.
- After the event, the organization will ask the prized riders, via email, all the documentation required to make the payment. If the organization does not receive a response from the prized within a period of 6 months from the last day of the event, it is understood that the participant waives the corresponding prize money.



	1	2	3	4	5
STAGE 1	200€	150 €	100 €	75 €	50 €
NISSAN SUPER STAGE	200 €	150 €	100 €	75 €	50 €
FINISHER STAGE	200 €	150 €	100 €	75 €	50€
GENERAL	300€	250 €	200 €	175 €	150 €

#### **RACE PROCEDURE**

- The competition follows the RFEC specific mountain biking regulations.
- Stage results, overall classification and start list of the following stage are released daily, on the web and on the notice board.
- There are different start grids according to the competition's overall classification, which will be open 30 minutes before the stage's start time.
- Five minutes before the start time it's banned to enter the start grid, being placed at the back of its corresponding starting group.
- After the first stage, the start grids will be set according to the overall standings: Box 1: Elite men (annual federative license holders). Box 2: Elite women (annual federative license holders). Box 3 and successive: 100 riders (men or women,
  - non-Elite).

Box DNF/DNS: those that are out of competition.

• For safety reasons, all starts of stage will be staggered.

FAIR PLAY. It involves competing fairly, under the same conditions, and enjoying sport over the ambition of winning, obeying the rules, without cheating, tricking or pretending to confuse the opponents or Commissaires.

The Commissaires have the right to disqualify any rider that does not respect fair play, expelling him/her from the competition without any possibility to continue taking part in it.



#### EQUIPMENT

- All category race leaders must wear the leader's jersey provided by the organisation. It has a blank space on the front and back to place the rider's sponsors.
- For safety reasons, it is recommended to carry a mobile phone. Route signs, race numbers and participant bracelets have a telephone number printed on them, which should only be called in case of an emergency. It's not a customer service number!

#### **ONBOARD CAMERAS**

• Onboard cameras are not permitted.

#### CLAIMS

• Claims must be formally presented to the Commissaires and processed by these following the RFEC regulations

#### TRACKS

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- The organization may publish on its website the GPX track file the day before the stage, but it will be informative only. Arrows prevail.
- The trails on which the competition takes place are assigned only and exclusively for the days of the race, therefore it is not allowed to spread the route's GPS tracks.

#### **SPORT & NATURE**

Our sport, mountain biking, is a competition or leisure activity that takes place in nature and its impact in this environment is a responsibility for all riders and sport organisers. Any participant who throws garbage along the route, is not respectful of the environment (rolling off the roads, taking shortcuts that damage the vegetation, etc.), is not careful with the animals, leave a spare, etc. may be penalized by the Commissioners. It will only be allowed to get rid of the remains of bars or gels in the technical and feed zones.

## SPECIAL PRIZES

#### ISB SPORT will award the 'King of the Mountain' of La Rioja Bike Race presented by Pirelli

ISB Sport Bearings, the renowned Italian brand specialized in the manufacture and distribution of bearings for cycling, will be part of the 7th edition of La Rioja Bike Race presented by Pirelli giving name, in each stage, to the "ISB Mountain Award". The 'ISB Mountain Awards' will be located in a strategic and emblematic point of each stage of La Rioja Bike Race presented by Pirelli.

I ISB will raffle ISB products among all the cyclists in each category who have passed through the ISB point, which will always correspond to CPI. In the first stage the Elite Men and Elite Women categories will be rewarded, in the second stage the Master 30 and Master 40 categories and in the third and last stage the Master 50 and Master Women categories.

Location of the 'ISB Mountain Awards' points The ISB point on the first stage of 75 kilometres will be located at kilometre 41 on the La Gargantilla trail. In the second stage, the Nissan Super Stage, the ISB point will be at kilometre 24 in the direction of Trebijano. And in the third and last stage of 58 kilometres, the ISB point will be at kilometre 16, in the area of Moncalvillo.

#### A new challenge, Segmentos Bike Race by Garmin

A new race category with a specific classification which aims to reward the strongest and the greatest stretegists in certain sections of the route.

These segments will coincide with some of the most emblematics paths in the Bike Race routes, an additional attraction for the riders.

It will be generated a ranking, separated from the general, with the fastest bikers who will compete for an exclusive leader's jersey that will be awarded at the end of the competition.

To apply for this classification, bikers must meet 3 requirements:

- 1.Being registered in the Bike Races where this classification is disputed (La Rioja Bike Race presented by Pirelli, MMR Asturias Bike Race and Catalunya Bike Race, for the moment).
- 2.Being a follower of La Rioja Bike Race Strava Club: https://www.strava.com/clubs/949643
- 3. Having an opened Strava profile or making public the activity on Strava, immediately after crossing the finish line and, for the last stage, before the podium ceremony.

In each stage the winner will be awarded a lot of Garmin merchandising products, and also a leader jersey for the final fastest man and woman.

During the race, stay tuned to the race signalisation and don't forget to upload your activity on Strava after crossing the finish line.



#### **Premio AS**

The Diario As will reward the fastest young riders of La Rioja Bike Race presented by Pirelli. The youngest participant who crosses the finish line in the top 30, will receive this distinction and a trophy will be awarded at the end of the last stage.

A tribute to the new generations of Mountain Bikers that are already the present – and especially the future – of this competition.







#### FACE MASK

- Verification and start number pickup.
- Up to 1 minute before the start of each stage.
- At the prize giving ceremony.
- On public roads, in outdoor spaces and in any closed space for public use or that is open to the public, except when competing.
- It is mandatory to carry the mask in your jersey pocket during the race.
- In case of assisting another participant, the use of a mask is mandatory.
- The mask must be worn in all restricted areas of the event: toilets, physiotherapy service, bicycle parking, bicycle cleaning service, competition office, bar, etc. Whether indoor or outdoor areas.
- In the feed stations.
- The support staff of the participating clubs and / or teams must wear a mask whenever the safety distance cannot be respected and it is mandatory in what is stated in other points of this protocol.

#### **ANTIGEN TEST**

• Participants will undergo 1 antigen test:, necessary before the verifications at **Palacio de Deportes de La Rioja**.



#### **START PROCEDURES**

- The rider must verify on the web his/her starting order on the grid, as well as the time of each stage.
- If the cyclist has to go to the bathroom before the race, when leaving he/she should wash his hands with a hydroalcoholic gel.
- For all stages, it is mandatory for all cyclists to be on the grid for their start 30 minutes before the start and wear the mask until 1 minute before the start. If the cyclist does not arrive at the time established on the grid, he must start from the last box.
- Before entering the starting grid, a temperature control must be passed by health officials. if the temperature is higher than 37.5°C the medical service will be in charge of managing the situation.

#### **TEAM MANAGERS & STAFF**

- The access to the feed zones for team managers and staff is allowed to only 1 person per team.
- Access to venues, whether open or closed or exclusive to the event (competition office, pavilions, refreshment areas, etc.) will not be allowed to companions who have not passed the antigen test.



#### **AWARD CEREMONY**

- Before going to the pre-podium waiting area, the awarded cyclists will pass a temperature control.
- The awarded riders must enter the podium alone and having washed their hands with hydroalcoholic gel ad wearing mask.
- The trophies will not be delivered between personalities and runners, they will be the ones who will collect the previously identified prize for each position on the podium.
- Greetings and congratulations on the podium, with the traditional handshake, are prohibited..

It's been so many months without competitions and it's time to restart following the rules imposed by the situation in each region. As organization we will work to guarantee the security and safety of staff and participants, proportionating measures, policies and procedures in place to mitigate risks. So please, let us be aware of our individual role and how our behavior is crucial to control the spread of this pandemic.

# FQLLOW US

#### STAY TUNNED WITH THE TELEGRAM CHANNEL!

We will have again a Telegram channel to stay tuned during the competition days. With the aim of keeping all the participants, teams, companions, followers and lovers of cycling in general informed and updated, you will get information of:

• Schedule

- List of classifications
- List of starting grids
- Weather forecast
- Award Ceremony notification
- Paddock location
- Starting line location
- Actions of our sponsors and suppliers

Easy! To join the channel, download the App through Google Play or App Store and write in the search "LA RIOJA BIKE RACE PRESENTED BY PIRELLI 2021", <u>@LRBR\_2021</u> or the link <u>t.me/LRBR\_2019</u>.

#### FOLLOW THE RACE MINUTE BY MINUTE FROM YOUR MOBILE PHONE!

With the Timingsense Live App you will know exactly where any rider is at any time. You can find them with its name or race number, and you can also add them to favorites. If you are interested, you will have to download the APP through <u>Google Play</u> or <u>App Store</u>. BIKE RAC PRESENTED BY LOGROÑO 25.26.27 Jun 2021



#### #LRBR21 #LRBR2021 #LARIOJABIKERACE

# WHO WE ARE



AITOR JIMÉNEZ RACE DIRECTOR



MANEL TROYANO SALES DIRECTOR



JOSÉ A. HERMIDA CYCLING EXPERT



CARLES JIMÉNEZ HOTEL & LOGISTICS



ANTONIO ORTIZ



MIREIA SOLA TEAMS PADDOCK &



JORDI MAS COURSE DIRECTOR



DANIEL SAENZ LA RIOJA BIKE RACE ROUTES



ELI SIVERA ATTENTION TO PARTICIPANTS. REGISTRATIONS & ANTIDOPPING



JOSÉ PASTOR INSTITUTIONAL RELATIONS



LAIA BOVE COMM DIRECTOR



LUIS MOLINA HEAD OF SECURITY







Elegroño Logrono Logro



www.lariojabikerace.com





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